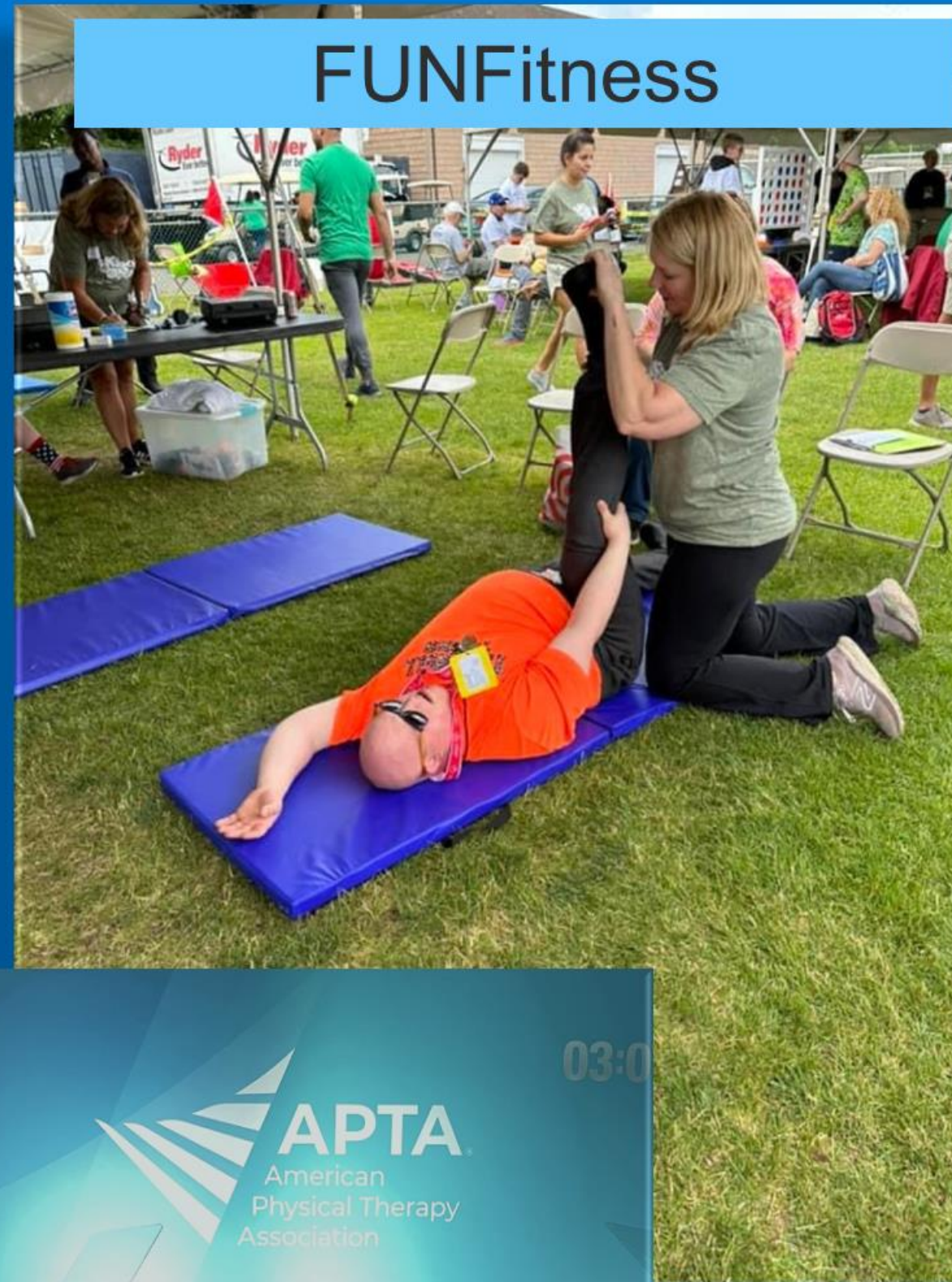


National Advocacy Dinner



FUNFitness



SIGs in the Community



PT Moves Me



03:07

03:07



House of Delegates

APTA CT ct_apta_ssig





APTA Connecticut: Annual Meeting

A Year in Review

President: Stefanie Bourassa October 21, 2023

Vice President: Joseph Grabicki

Thank you!

- Keynote Speaker: Kathleen Kelley
- SIGs and Committee Chairs
- Membership





Hartford HealthCare

Rehabilitation Network



Penumbra



HIGHBAR



Taking a Step forward

President Message



Board Members ending their term

Thank you



Nominating Committee

Laura Simaitis



Board of Directors

Tenney Georgetti



Board of Directors

Leigh Ronald



Board of Directors

Janine Hatch



Chief Delegate

Christopher Petrosino



Secretary

Diana Veneri



Recognition: Membership Milestones

70 Years: Fran Phelps, William Woods

60 Years: Robert Jacobs

55 years: Catherine Certo

50 Years: Winifred Willard, William Chapin, Nancy Berk

45 Years: Joanne Wood, Barbara Evans

40 Years: David Cameron

35 Years: Anna Summerfield, Pamela Speno, Lisa Sheehan, Elizabeth Shea, Catherine Rives, Maureen Meehan, Bonnie Loiseau, Mary Laskowski, Karleen Cordeau, Lisa Calafiore

30 Years: Dorothy Villano, Jeanne Thompson, Terra-Lee Pearson, Brian Magna, Melissa Ferrandino, Laurie Devaney, Daniel Albanese, Heidi Adamski

Recognition: Membership Milestones

25 Years: Michael Zinko, Debra Spross, Mark Skinner, David Mikos, Keith Havemeyer, Holly Franzen-Korzendorfer, Cristina Colon-Semenza, Barbara Boucher, Anand Bishnoi

20 Years: Keith Stark, Catherine Salemi, Stanley Rutkowski, Valerie Peckingham, Sarah Pearson, Laurie Page, Jennifer Meier, Lindsay Holmes, Ian Hazelton, Brian Elmo, David Carleton, Karen Blood, Paul Bernier, Matthew Austin

15 years: Michelle Wormley, Adam Weaver, Donna Segnere, Kristin Schweizer, Jennifer Rudtke, Ainsley Rossi, Angela Rising, Rachel Pata, Steven Decastro, Kelly Contreras, Juliann Chacko, Paul Canavan, David Bostic

10 Years: Jennifer Veira, Lauren Sweeney, Sarah Speirs, Benjamin Simaitis, Corrine Schlabach, Lindsey Schilberg, Wendy Price, Kelly Pogemiller, Eric Meoli, Brittany McGowan, Charlotte Hillery, Ashley Gualandri, Anthony Grabiec, Tara Gibson, Annmarie Charno, Scott Capozza, Linda Bedard, Gerard Barton, Michael Antunes

Recognition: Membership Milestones

5 Years: Dustin Yaworski, Lauren Whitney, Cherie Stankus, Laura Simaitis, Geoffrey Shupp, Michael Semancik, Whitney Staropoli, Michaela Pruchnicki, Melissa Perottie, Alicia Pascale, Michael Oriente, Sean O’Gara, Vanessa O’Donnell, Danuta Mulec, Elizabeth Miller, Estefania Maldonado, Erin Maghery, Maureen James, Alyssa Ingmanson, Marielle Handley, Catheryn Gorel, Michael Giambone, Megan Ferris, Kathleen Feliciano, Emily Federau, Alyssa Englert, Ajax Deonarine, Sean Cronan, Brittany Coppola, Ashley Contreraras, Kevin Connellan, Peter Catuccio, Brittany Buckley, Elena Bochicchio, Farren Balzer, Heather Avery, Elizabeth Abercrombie,

Congrats: 2022 Board Certified Specialists

Katherine Allen, PT, DPT - Orthopaedics

Melchora Kathy Andres, PT - Orthopaedics

Catherine Baker, PT, DPT - Geriatrics

Jessica Bender, PT - Pediatrics

Kyle Brinkerhoff, PT - Orthopaedics

John Carr, PT - Orthopaedics

Kaitlin Carter, PT - Neurology

Gloria Christiano, PT - Orthopaedics

Fletcher Comment, PT, DPT - Orthopaedics

Kelly Conte, PT, DPT - Pediatrics

Sean Cronan, PT, DPT - Orthopaedics

Kathryn Currie, PT, DPT - Orthopaedics

zachary currie, PT, DPT, ATC - Orthopaedics

Carleen DelGreco, PT - Orthopaedics

Katelyn Donohue, PT, DPT - Neurology

Emily Federau, PT, DPT - Neurology

Cassandra Fitzgerald, PT, DPT - Orthopaedics

James Forbes, PT, DPT - Orthopaedics

Codi Forney, PT - Orthopaedics

Conner Gavin, PT - Orthopaedics

Garrett Graham, PT, DPT - Pediatrics

Andrew Hanks, PT, DPT - Orthopaedics

Carolyn Hashemi, PT, DPT - Neurology

Paula Hernandez, PT - Orthopaedics

Jadean Hoff, PT, DPT - Neurology

Jennifer Holtzer, PT - Orthopaedics

Jillian Kossbiel, PT, DPT - Neurology

Brian Kuruc, PT - Orthopaedics

Athena Manzino, PT - Oncology

Rachel Morrison, PT, DPT - Neurology

chocolate ocampo, PT - Geriatrics

Mario Paredes, PT, DPT - Orthopaedics

Alicia Pascale, PT, DPT - Orthopaedics

Mario Pasquel Forestieri, PT - Orthopaedics

Liza Peressini, PT, DPT - Orthopaedics

Kelly Perez Creane, PT, DPT - Orthopaedics

Nicholas Pisanelli, PT - Orthopaedics

Julie Reiner, PT, DPT - Pediatrics

Caitlin Rinaldi, PT, DPT - Neurology

Megan Rood, PT - Neurology

Kelsey Rubin, PT, DPT - Neurology

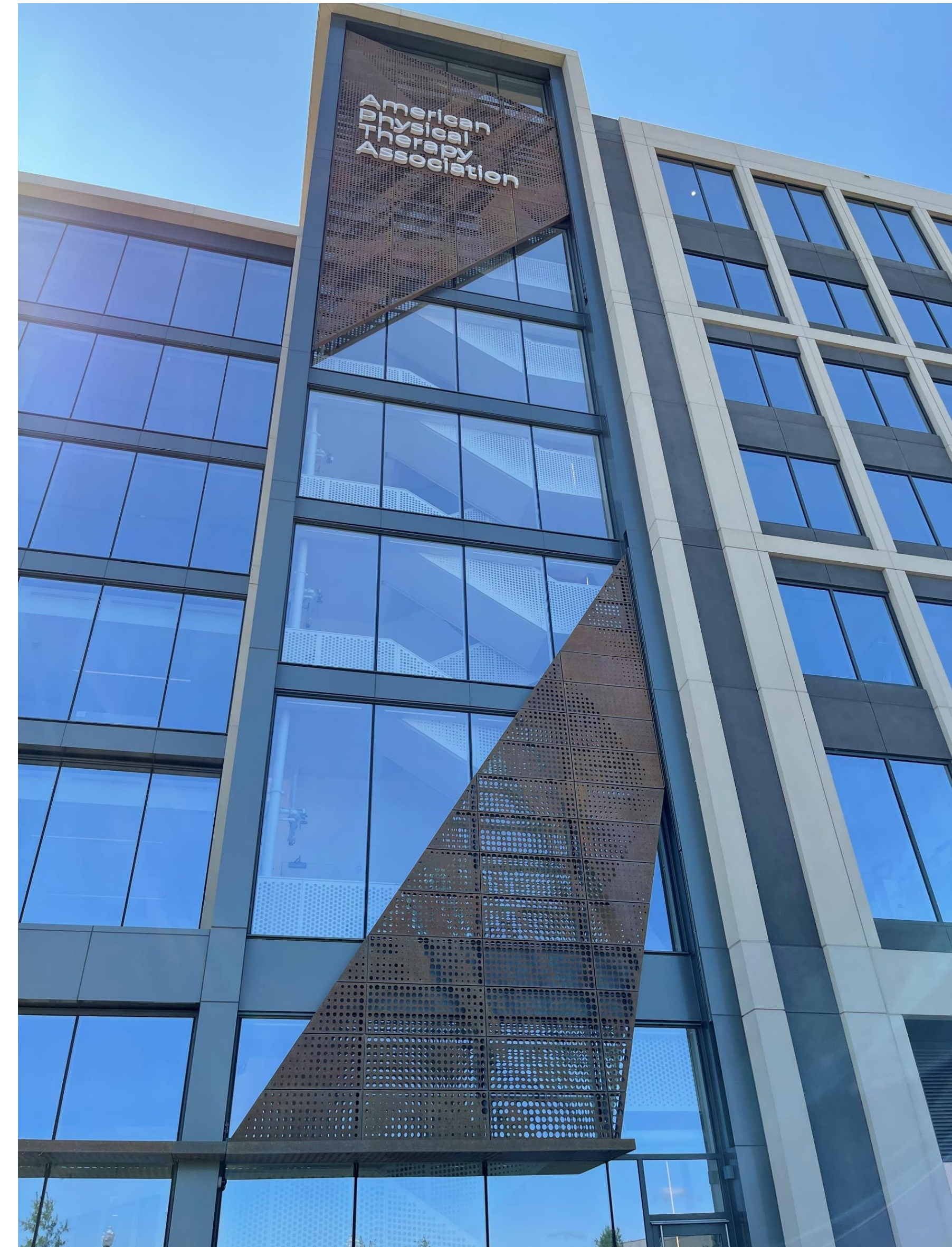
Sabrina Schoolnik, PT, DPT - Pediatrics

Michael Semancik, PT, DPT - Orthopaedics

Jacob Smith, PT, DPT - Orthopaedics

National Updates

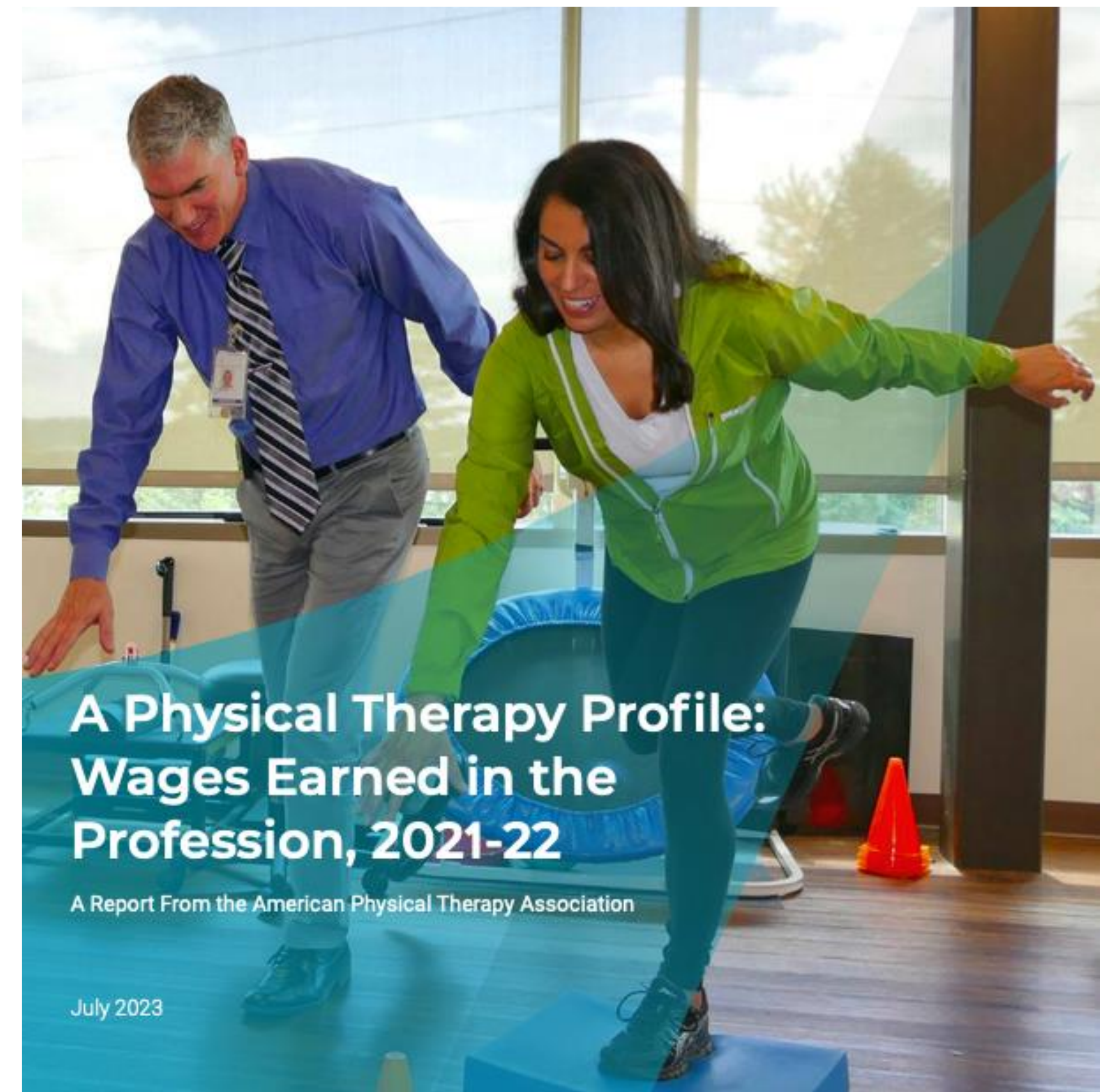
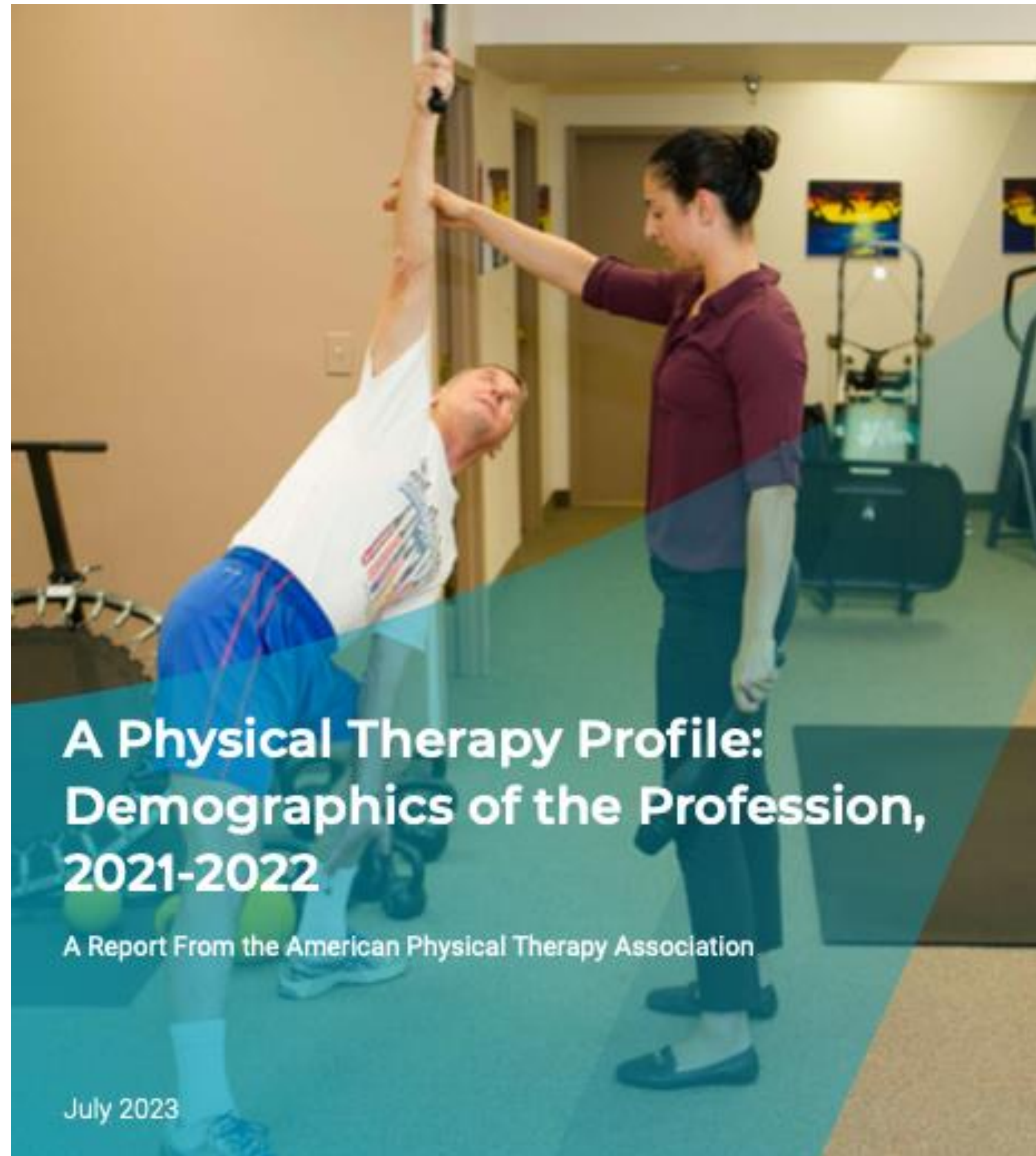
- New Leadership:
 - Treasurer: Zoher Kapasi
 - Speaker: Bill McGehee
- Board:
 - Colleen Chancellor
 - Skye Donovan
 - Kelly Kubota
 - Dan Mills
- Nominating Committee
 - Ken Harwood
 - Ladarius Woods



Celebrate Physical Therapy Month:

<https://www.viewpointproject.com/features-apta/>

National Updates



National Updates: Demographics Report

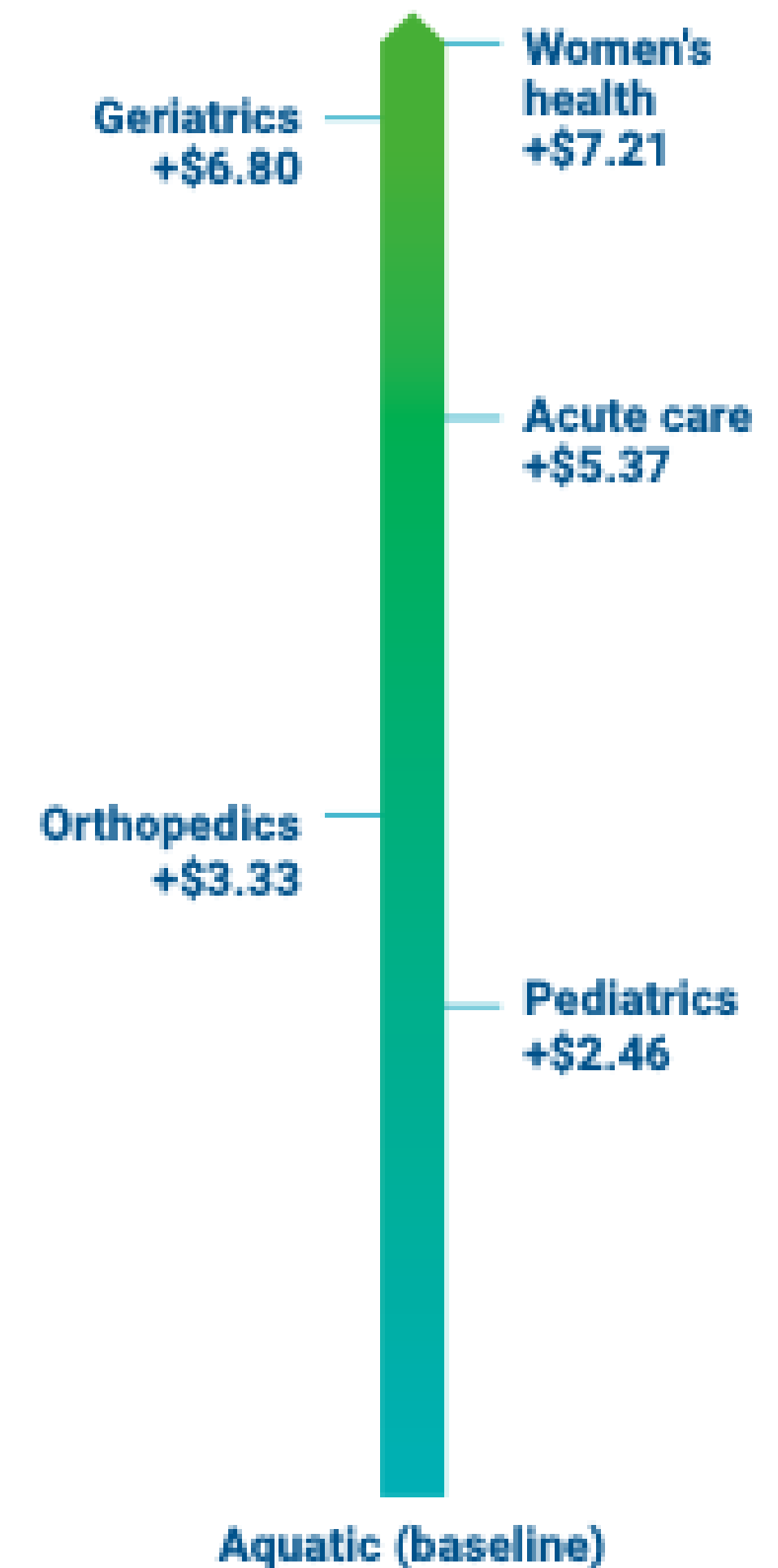
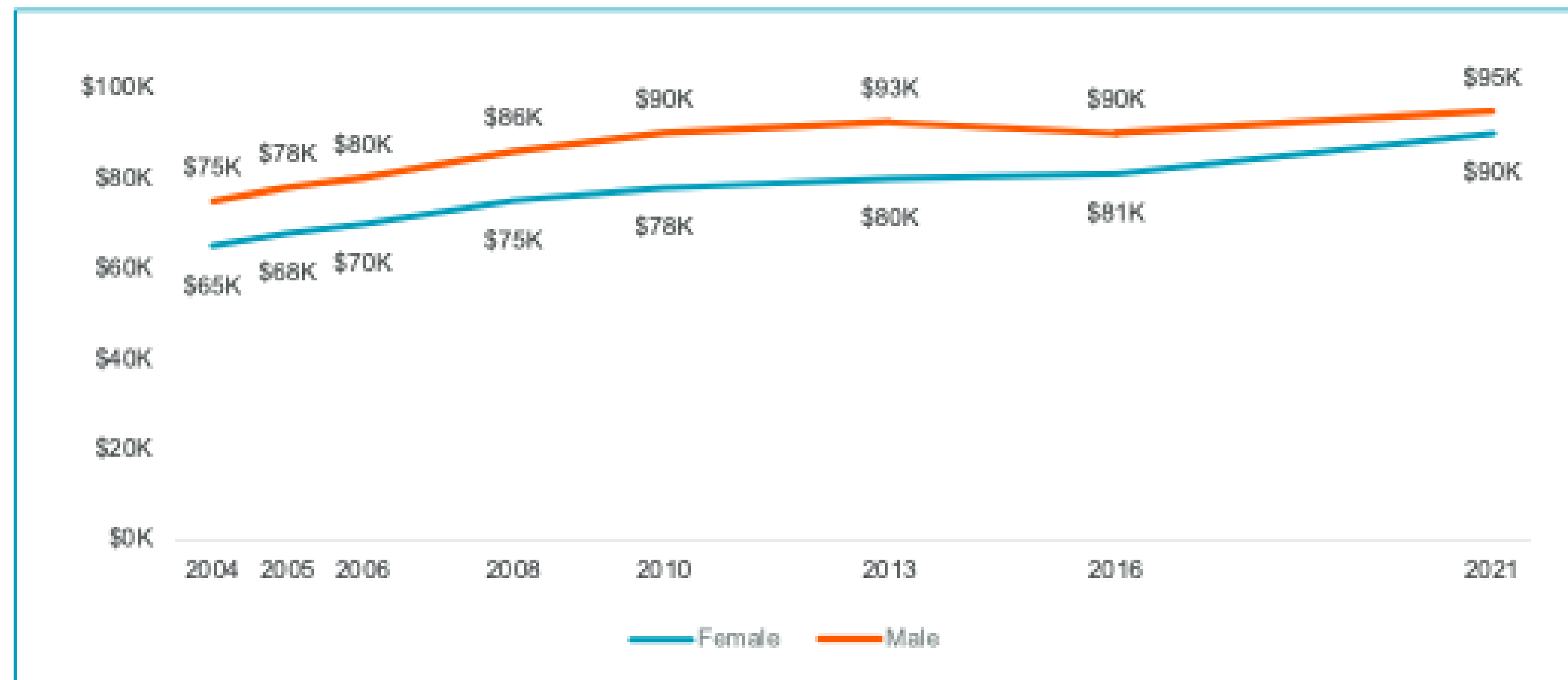
- **Physical therapy is in the top five in health care occupations by size.** Excluding general nursing, “physical therapist” is the fifth-largest clinical health care occupation that requires licensure. Data from 2021 varies slightly among sources, with the U.S. Bureau of Labor Statistics reporting 225,350 physical therapists and the Federation of State Boards of Physical Therapy reporting 238,256. Similar differences are noted for physical therapist assistants, with BLS reporting 96,660 and FSBPT reporting 111,317. (Page 5.)
- **APTA membership reflects the profession at large.** Nationwide, the percentages of APTA physical therapist members largely track the profession in terms of representation within different practice settings. Two exceptions are higher representation in academia and slightly lower representation in home health for association members; however, given the similarities, the association's continued member surveys and analyses of findings likely can be scaled to represent the profession. (Page 9.)

National Updates: Demographics Report

- **The distribution of PTs and PTAs in the U.S. varies and can influence population access.** There is significant variation in the location and distribution of physical therapists and physical therapist assistants in the United States, potentially leaving some populations who need physical therapy with less access than others to services. (Page 6.)
- **Most physical therapy jobs are held by women.** Women continue to make up a higher proportion of the physical therapy profession, making up just under two-thirds of physical therapists and physical therapist assistants. Looking at advanced practice, the proportion of male to female clinical board specialists remains the same as the profession overall. However, men seek physical therapist fellowships at a higher rate than women do. (Page 13, Page 18, Page 21.)
- **Outpatient settings employ the most PTs and PTAs.** Outpatient physical therapy is the highest employment setting, followed by hospital-based services and then home health. (Page 9.)

National Updates: Demographic and Wage Reports

PT Median Gross Earned Wages by Sex/Gender 2004-21



National Updates: Wage Report

- **More PTs are seeking professional development through residency and board certification credentials.** Board certification is increasing among physical therapists, adding to the knowledge and skill base of the profession. Residency programs, which increasingly are the pathway to board certification, are growing to accommodate more specialization applicants. (Page 18.)
- **The ethnic and racial diversity of the profession is growing.** Racial and ethnic diversity is increasing in the applicants pools for DPT and PTA academic programs and among those who complete residency and fellowship programs. (Page 15.)



National Updates: Wage Report

Physical therapist wages are variable across the nation. Median annual wages for physical therapists range from \$88,000 to \$101,500, for a difference of \$13,500 between the lowest and the highest. (Page 5) The median range for physical therapist assistant wages is \$50,000 to \$60,000. (Page 25)

Physical therapist wages have not kept pace with inflation in recent years. Between 2004 and 2013, PT and PTA annual wages matched or exceeded cost-of-living increases, but between 2016 and 2021, wages either met or began to lag behind the rate of inflation in all geographic regions except the West North Central region for PTs and the Middle Atlantic and New England regions for PTAs. (Pages 6 and 26)

Community type does not significantly influence wages. PTs and PTAs working in urban areas (defined as metropolitan or micro metropolitan areas) do not make significantly more or less than their counterparts working in small towns or rural areas. (Pages 6 and 26)

The majority of PTAs work on an hourly basis. As opposed to being annual salaried employees, 65% of PTAs earn an hourly wage. For PTs that number is 25%. (Page 28)

National Updates: Wage Report

Wage variance among practice settings is inconsistent between annual full-time salaried and hourly based estimates. Based on annual full-time salaried wages, school-based (K-12) PTs and those in higher-education academic settings earn the least, and PTs in skilled nursing facilities earn the most. From an hourly wage perspective, however, PTs earn the most in hospital outpatient and acute care facilities, with SNFs at mid-range. (Pages 10 and 13) For PTAs, annual wages were highest in postsecondary academic settings, while home care settings paid PTAs the most based on hourly wage; academic settings were a close second. (Pages 31 and 34)

Hourly wages among clinical focus areas also vary widely. PTs practicing in lymphedema earn the lowest hourly wage, and PTs in clinical electrophysiologic physical therapy earn the highest. (Page 14) PTAs in geriatrics were paid the lowest hourly wage, while those in pediatrics were paid the highest. (Page 34)

Wages are highly influenced by age and years of practice, and the two factors closely correlate. Controlling for PT and PTA age in the data analysis allows true differences in wages to be identified. (Page 8 and 29)

PTs who are board certified earn higher wages than those who are not. Specialist certification by the American Board of Physical Therapy Specialties increases the hourly rate in all settings that offer a board specialty. The impact is compounded for PTs who earn board certification in their first five years of practice. (Page 22) The influence on physical therapist assistant wages of completion of the PTA Advanced Proficiency Pathways program could not be measured; a larger sample size would be needed.

National Updates: Wage Report

Male PTs and PTAs do not necessarily have higher wages than female PTs or PTAs. The gender pay gap in physical therapy wages is complicated and nuanced, and not universal throughout the field. (Page 15 and 35)

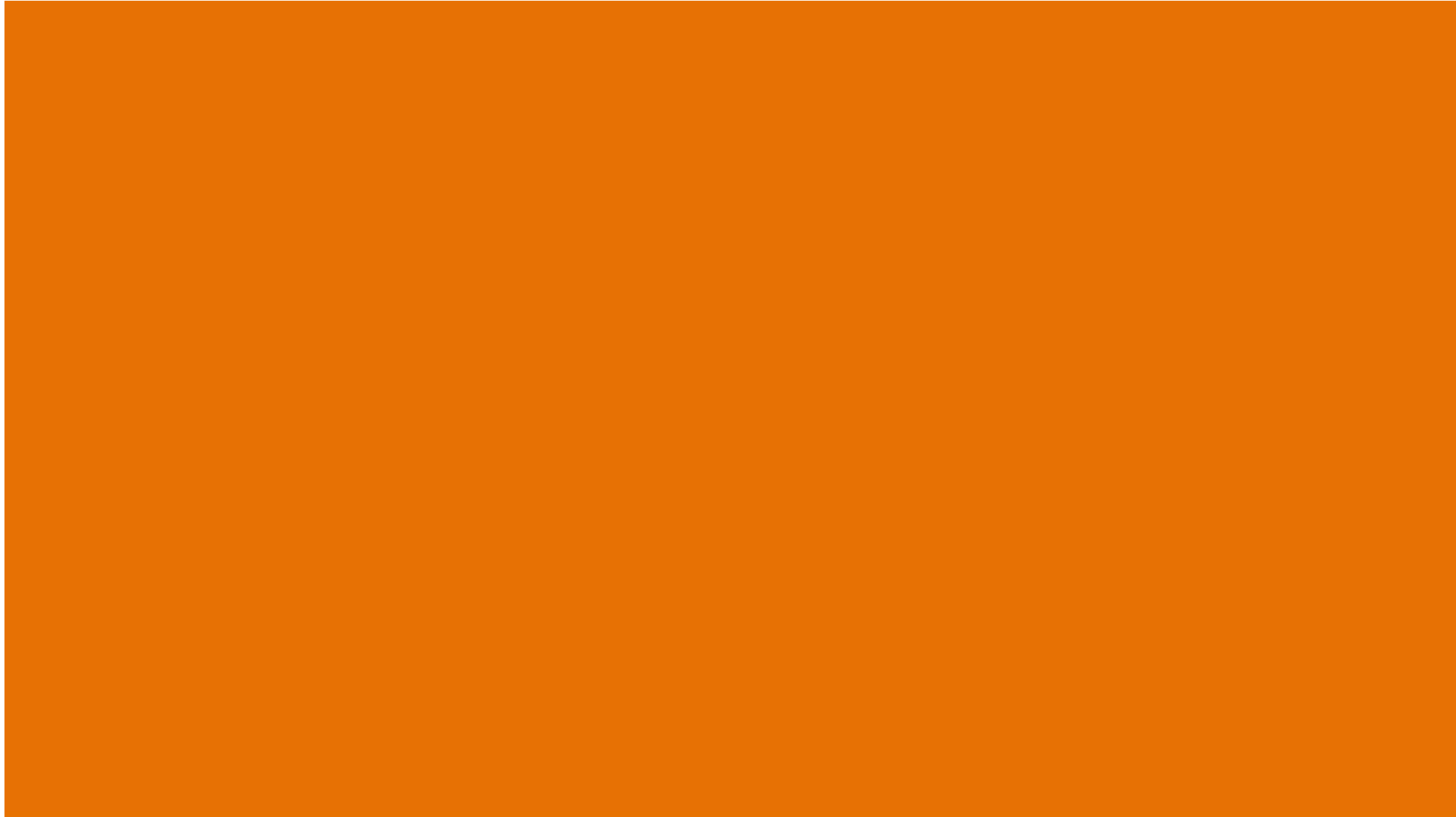
Similarly, the influence of race and ethnicity on wage differences is complicated and nuanced. Based on the results of the 2021-22 APTA practice profile survey, race did not influence physical therapist hourly wage; however, for PTAs there was a statistically significant association between hourly wage and race, with white PTAs earning the least and Asian PTAs earning the most. (Page 17 and 36)

National Updates: Wage Report

Median Gross Earned Wages of Full-Time PTs Nationally and by Geographic Region

| | 2004 | 2005 | 2006 | 2008 | 2010 | 2013 | 2016 | 2021 |
|--------------------|----------|----------|----------|----------|----------|----------|----------|-----------|
| National | | | | | | | | |
| | \$68,000 | \$70,000 | \$75,000 | \$80,000 | \$80,000 | \$85,000 | \$85,000 | \$91,000 |
| Northeast | | | | | | | | |
| New England | \$65,000 | \$70,000 | \$70,000 | \$77,000 | \$80,000 | \$80,000 | \$84,000 | \$90,000 |
| Middle Atlantic | \$70,750 | \$73,000 | \$75,000 | \$80,000 | \$80,000 | \$86,000 | \$85,000 | \$93,000 |
| Midwest | | | | | | | | |
| East North Central | \$66,000 | \$70,000 | \$73,000 | \$77,000 | \$80,000 | \$85,000 | \$83,000 | \$90,000 |
| West North Central | \$62,000 | \$67,200 | \$70,000 | \$73,000 | \$75,000 | \$75,500 | \$80,000 | \$90,000 |
| South | | | | | | | | |
| South Atlantic | \$67,000 | \$70,000 | \$74,000 | \$80,000 | \$80,000 | \$83,000 | \$85,000 | \$90,000 |
| East South Central | \$70,000 | \$70,000 | \$75,000 | \$80,000 | \$84,000 | \$84,000 | \$83,600 | \$92,183 |
| West South Central | \$70,500 | \$73,750 | \$80,000 | \$80,000 | \$85,000 | \$86,450 | \$86,000 | \$94,700 |
| West | | | | | | | | |
| Mountain | \$65,000 | \$68,000 | \$70,000 | \$75,000 | \$80,000 | \$83,000 | \$82,000 | \$88,000 |
| Pacific | \$72,000 | \$75,500 | \$80,000 | \$86,000 | \$90,000 | \$93,500 | \$92,000 | \$101,500 |

National Updates: Economic Value Report



National Updates: Economic Value Report

The Net Economic Benefit of Choosing Physical Therapy for Eight Conditions Analyzed

The eight conditions analyzed for this report, and the average net benefit of physical therapist services per episode of care, are summarized below.

| | | | |
|--------------------------------------|------------------------|------------------|-----------------------------|
| Osteoarthritis of the knee | Carpal tunnel syndrome | Low back pain | Stress urinary incontinence |
| \$13,981 | \$39,533 | \$4,160 | \$10,129 |
| Lateral epicondylitis (tennis elbow) | Vascular claudication | Falls prevention | Cancer rehabilitation |
| \$10,739 | \$24,125 | \$2,144 | \$3,514 |



The Economic Value of Physical Therapy in the United States Report Work Group

- Jason Falvey, PT DPT, PhD, co-chair
- Greg Bennett, PT, DSc, MS, co-chair
- Kate Minick, PT, DPT, PhD, co-chair
- Janet Shelley, PT, DPT, co-chair

- Julie Fritz, PT, PhD, FAPTA
- Ellen Hillegass, PT, EdD, FAPTA
- Ryan Boggs, PT, DPT, DSc
- James Tompkins, PT, DPT
- Trevor Lentz, PT, PhD, MPH

nous

- Christine Cabelka, PT, PhD, MA
- Joseph Hannon, PT, DPT, PhD
- Tiffany Kendig, PT, DPT, MPH
- Rachel Prusynski, PT, DPT, PhD
- Erin Simunds, PT, MS

This Economic Report Empowers Us and Our Members to Tell Our Story and Influence Change

The screenshot shows the APTA website homepage. At the top left is the APTA logo (American Physical Therapy Association) and a 'MENU' button. To the right is a search bar with the text 'Search' and a magnifying glass icon. Below the search bar are four navigation links: 'THE REPORT', 'CONDITIONS', 'POLICY AND PAYMENT', and 'CAMPAIGN RESOURCES'. The main content area features a large teal banner on the left with the text 'The Economic Value of Physical Therapy in the United States: An APTA Report'. To the right of the banner is a photograph of a physical therapist in blue scrubs assisting an elderly man with a yellow resistance band. Below the banner, there is a text block on the left and a report thumbnail on the right. The text block contains the following text:

Choosing physical therapy helps Americans live better lives and could save the health care system millions of dollars annually, ultimately providing more resources for better services to individuals and communities nationwide. Physical therapy helps Americans avoid complications from surgeries, long recoveries, and the risks of overuse of prescribed opioids and other medications.

These are the findings from a landmark, evidence-based report by the American Physical Therapy Association, "The Economic Value of Physical Therapy in the United States."

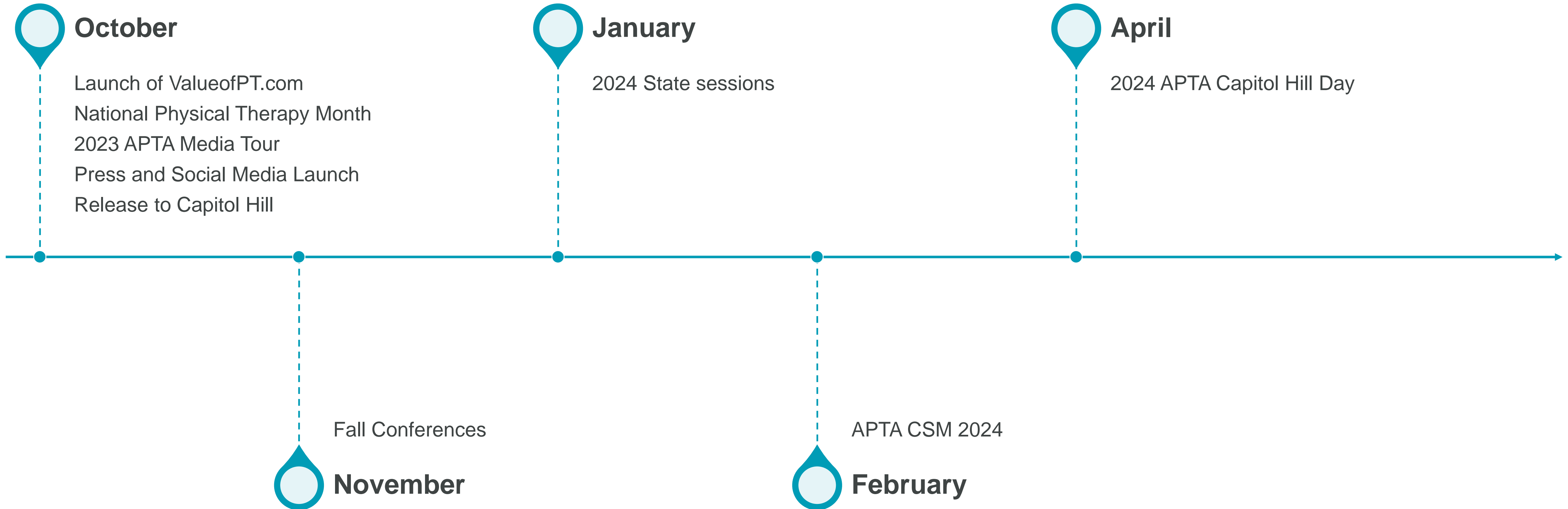
The report thumbnail on the right shows the same title and photograph as the banner. Below the thumbnail is an orange button with the text 'Download Report'.

How You Can Leverage Marketing Resources at ValueofPT.com

- Full report: "The Economic Value of Physical Therapy in the United States."
- Policy paper with summary of findings and recommendations (aimed at legislators).
- Payor paper with summary and recommendations (aimed at payers).
- Infographics.
- Social media graphics and post copy.
- Two-minute consumer promo video.
- Four-minute consumer-focused video.
- Four-minute policy-focused video (for legislators and payers).

Visit [ValueofPT.com/Campaign-Resources](https://www.valueofpt.com/campaign-resources).

Next Steps: Short Term



National Updates

House of Delegates Recap:

- A few motions Postponed indefinitely
- Passed:
 - Addition of subspecialty certifications
 - Charge promoting PT as providers for post-acute sequelae Sars-Covid
 - Exploring alternative education and practice pathways for PTAs
 - Searchable functions for all aspects of the website, Hub communities and other informational avenues from APTA
 - Pay Equity: Position and Charge
- A Few were defeated and a few were withdrawn

Connecticut Updates

- PT Compact: Passed
- Grassroots Efforts Worked: we had 6 different bills introduced for the PT Compact
- Capital Consulting lobbied/tracked 114 bills with potential impact of APTA CT
- Continuous Communication: Newsletter
- Collaboration with MA, RI, NH, VT Special Interest Groups for content sharing
- Dashboard Implementation
- Blood Flow Restriction Course Fundraiser



Connecticut Updates

- Student Conclave Collaboration
- National Advocacy Dinner hosted at Sacred Heart University with guest presenter Kristen McCarthy-Veighy
- 3rd Mock House of Delegates
- Participated in the FSBPT Model Practice Act Workshop
 - Planning to adopt the model practice act and open our scope for a 2025 review cycle
- Initiate Bylaws updates and changes based on APTA model bylaws and bylaws changes from the 2021 and 2022 HOD



Public Policy Committee

Submitted requests to be apart of the Scoping Review hearing for the OTs and PA-Cs

Golf Tournament postponed twice, but targeting early June for 2024

Legislative Hall of Fame/Silent Auction: Save the date

PT Compact is now being worked on by our Board of Examiners and the Governor's office to ensure all pieces are in place; anticipate about an 8 month process before finalized

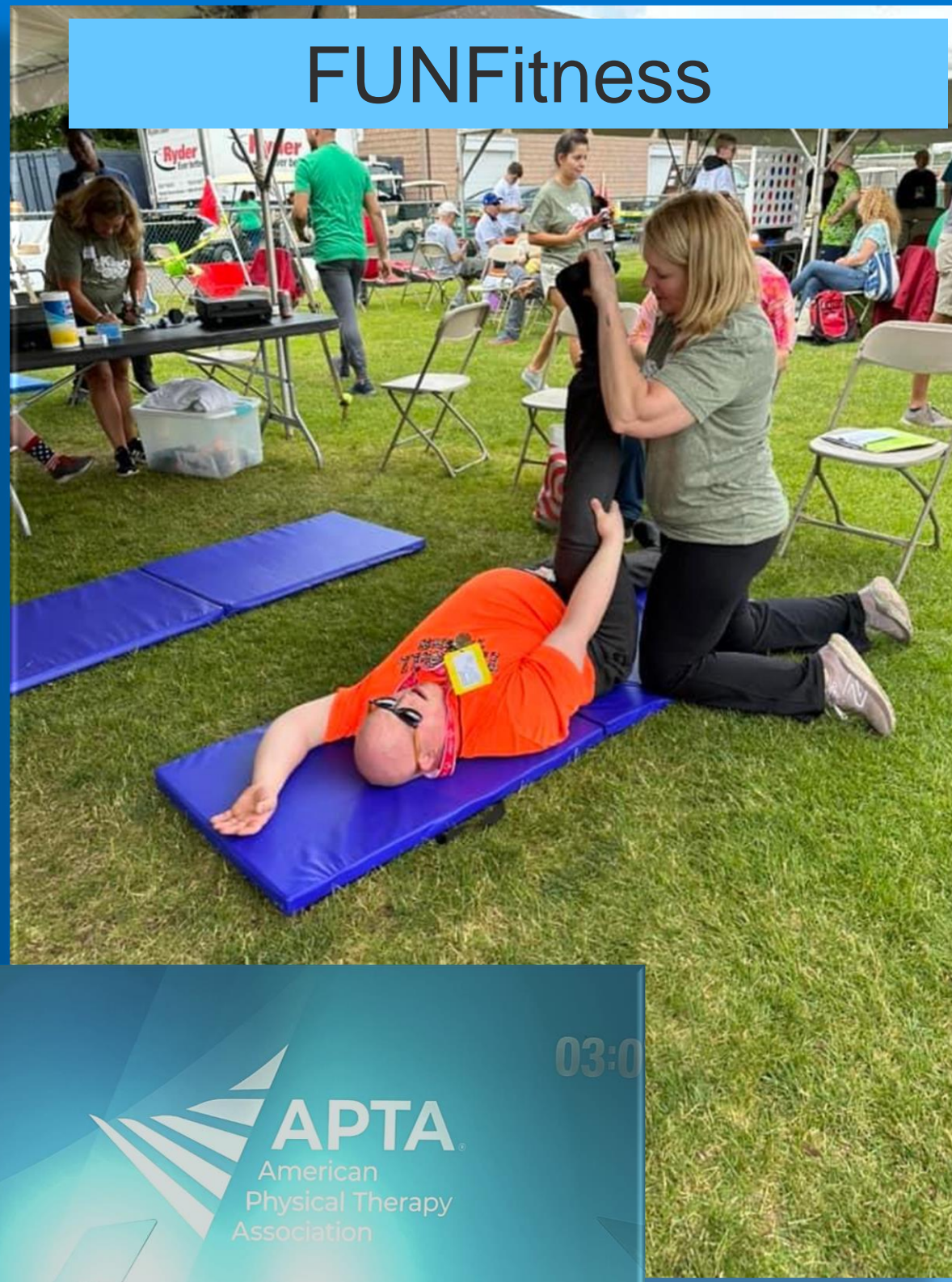
Grassroots success



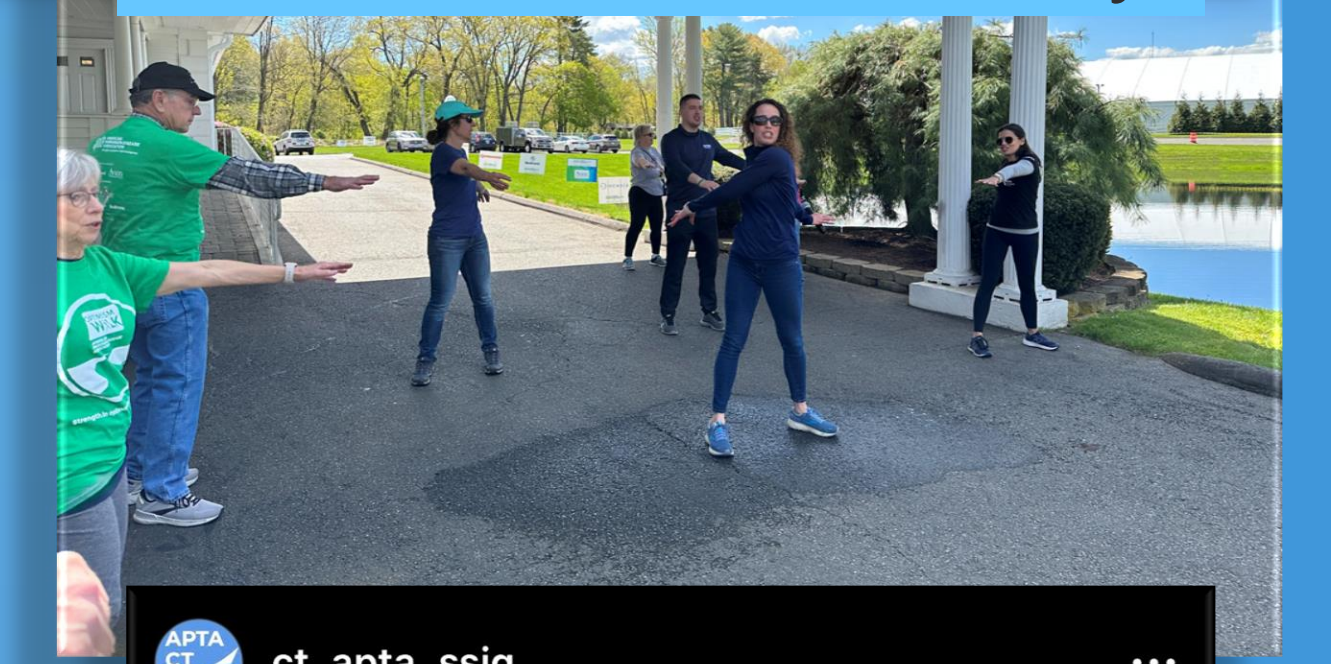
National Advocacy Dinner



FUNFitness



SIGs in the Community



PT Moves Me



03:07

03:00



House of Delegates

APTA CT ct_apta_ssig



Dashboard:



| | | Target | January | February | March | April | May | June | July | August |
|-------------------|------------------------|-----------|---------|----------|-------|-------|------|------|------|--------|
| Membership | PT Membership | 2% growth | 809 | 815 | 815 | 814 | 870 | 867 | 860 | 861 |
| | PT Student Membership | 2% growth | 366 | 373 | 356 | 355 | 293 | 302 | 307 | 371 |
| | PTA Membership | 2% growth | 73 | 66 | 59 | 58 | 65 | 68 | 66 | 69 |
| | PTA Student Membership | 2% growth | 61 | 62 | 59 | 57 | 50 | 46 | 45 | 50 |
| | Total Membership | | 1309 | 1316 | 1289 | 1284 | 1278 | 1283 | 1278 | 1351 |

Awards

Student Scholarships

Minority

PTA

PT





Awards

Mentor Award

Martha Lopez, PTA



Awards

Scholar Award

Sudha M. Srinivasan, PT





Awards

Practice Innovation Practice Linda Bedard, PT, DPT



PT / PTA Team

Joan-Alice Taylor, PT and

Team at Taylor Therapy Center



Joan-Alice, Lucy, Sue

2023 Candidate Slate

Positions Open / Consented Candidates:

Vice President

Joe Grabicki

Secretary

Leigh Ronald

Chief Delegate

Chris Petrosino

Board of Directors (3)

Melissa Boutagy

Delegate

Natalee Cifuentes

Maryclaire Capetta

Nominating Committee

Kathy Andres

Marie Nierenberg



In Closing

Thank you!

